



OFSTED

On behalf of the whole school community, Mrs Shah would like to thank you for all your support and kind and thoughtful messages throughout our Ofsted inspection which took place on Tuesday and Wednesday this week. Roman Way Academy has come a long way since our last inspection in 2019, and that is thanks to all our staff, pupils, families and governors. Together we ensure that every child receives the best possible start in life.

THANK YOU

CASHLESS PAYMENTS

From the second half of this Autumn Term we will be going cashless and no cash will be accepted for payments through the office, except when we run a fundraising event. Please check your Arbor account to ensure you are able to pay online. If you have any problems with this please contact the school office on 01763 241535.

SAFEGUARDING - PARKING

Please park responsibly when dropping off and collecting your child. Irresponsible parking on double yellow lines, pavements and across driveways is dangerous and causes stress for all concerned.

LOST PROPERTY

Please make sure you have checked through the lost property box for any lost items BEFORE next Friday 6th October. Any remaining uniform after that date will be sold at the next second hand uniform sale, and any funds raised will go to the school.



PROBLEM SOLVING

Look out for our first problem solving question in next week's update. Have fun solving this with your child and send the answer into school.



LUNCH MENU

MONDAY 2ND - FRIDAY 6TH OCTOBER

WEEK TWO

STAY AND PLAY

On Monday 2nd October we are holding a Stay and Play session for children and parents/carers of Nursery and Reception children. The session will run from 2.30pm to 3.15pm. Children who do not usually attend Nursery at this time are very welcome to attend with their parents/carers too. If you are able to attend you are requested to stay with your child for the whole session. Younger siblings are able to attend too, but must be supervised throughout. Please enter through the school office.

JEANS FOR GENES

Thank you to all who donated last Friday when Roman Way took part in Jeans for Genes Day.

The total raised was **£133.50**.

ATTENDANCE

25th-29th September 2023

| | | |
|-------------------------|---|-----|
| Whole School Attendance | - | 96% |
| Otters | - | 81% |
| Robins | - | 93% |
| Squirrels | - | 93% |
| Foxes | - | 95% |
| Hedgehogs | - | 97% |
| Dolphins | - | 96% |
| Puffins | - | 96% |
| Badgers | - | 98% |

VACANCY

Midday Supervisory Assistant

<https://www.romanway.herts.sch.uk/staff/vacancies>

VACANCY

Chef Manager

<https://apply.pineapple-recruitment.co.uk/members/modules/job/detail.php?record=1310>

Website: www.romanway.herts.sch.uk

Telephone: 01763 241535

Email: admin@romanway.herts.sch.uk

AUTUMN TERM 2023

| Date | Event |
|---|--|
| Monday 2 nd October | Nursery and Reception Stay and Play with Parents/Carers 2.30pm |
| Tuesday 3 rd October | Harvest Assembly - 9.10am - Virtual Recording |
| Monday 16 th October | Parent Consultations - 3.30pm - 6.00pm - Face-to-Face Parent Survey (Perspective) |
| Tuesday 17 th October | EYFS Open Morning – 10.00am-11.00am |
| Wednesday 18 th October | Parent Consultations - 3.30pm - 6.00pm - Face-to-Face Half Term Assessment Sheet Home |
| Friday 20 th October | Maths Workshop – Addition and Subtraction – Face-to-Face EYFS Open Afternoon – 1.30pm-2.30pm |
| To Be Confirmed | Online Safety – Virtual Recording |
| Monday 23 th – Friday 27 th October | Half Term Week |
| Monday 30 st October | Trust Training Day (No Children in School) |
| Tuesday 31 st October | 2 nd Half of Autumn Term Starts (Children Back to School) |
| Tuesday 7 th November | Individual and Sibling Photographs (Braiswick Photography) |

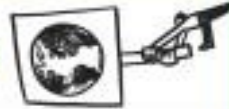
HEALTH AND WELLBEING

Breathing exercises and mindfulness can be a great way to relax and help your child to feel calm and happy. Here is a mindfulness video you may wish to try [Rainbow Mindfulness](#).



Take a look at the 'Action for Happiness' calendar - see next page. Follow the link to view this in other languages. [Optimistic October](#).

Optimistic October 2023



SUNDAY **MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY**

- | | | | | | | |
|---|---|---|---|---|---|--|
| 1 Write down three things you can look forward to this month | 2 Find something to be optimistic about (even if it's a difficult time) | 3 Take a small step towards a goal that really matters to you | 4 Start your day with the most important thing on your to-do list | 5 Be a realistic optimist. See life as it is, but focus on what's good | 6 Remind yourself that things can change for the better | 7 Look for the good in people around you today |
| 8 Make some progress on a project or task you have been avoiding | 9 Share an important goal with someone you trust | 10 Take time to reflect on what you have accomplished recently | 11 Avoid blaming yourself or others. Find a helpful way forward | 12 Look out for positive news and reasons to be cheerful today | 13 Ask for help to overcome an obstacle you are facing | 14 Do something constructive to improve a difficult situation |
| 10 Thank yourself for achieving the things you often take for granted | 16 Put down your to-do list and do something fun or uplifting | 17 Take a small step towards a positive change you want to see in society | 18 Set helpful but realistic goals for the days ahead | 19 Identify one of your positive qualities that will be helpful in the future | 20 Find joy in tackling a task you've put off for some time | 21 Let go of the expectations of others and focus on what matters to you |
| 22 Share a helpful quote, picture or video with a friend or colleague | 23 Recognise that you have a choice about what to prioritise | 24 Write down three specific things that have gone well recently | 25 You can't do everything! What are your three priorities right now? | 26 Find a new perspective on a problem you face | 27 Be kind to yourself today. Remember, progress takes time | 28 Ask yourself, will this still matter a year from now? |
| 29 Plan a fun or exciting activity to look forward to | 30 Identify three things that give you hope for the future | 31 Set a goal that brings a sense of purpose for the coming month | | | | |



ACTION FOR HAPPINESS

Happier · Kinder · Together