

LUNCH WEEK 1 MENU



OPTION 1

MONDAY
Chicken & Vegetable
Meatballs in Tomato
Sauce with Pasta
Twirlers

TUESDAY
Mild Chicken Curry
with Whole Grain
Rice

WEDNESDAY
Sausages with
Mashed Potatoes
and Gravy

THURSDAY
Margherita
Pizza with Baked
Potato Wedges

FRIDAY
Golden Fish Fingers
with Chips

OPTION 2

Sweet Chilli
Vegetable Stir Fry
with Whole Grain
Rice

Cheesy Broccoli
Pasta Bake

Homemade Cheese
and Leek Sausages
with Mashed
Potatoes and Gravy

Tarka Dhal Curry
(Veggie Lentil Curry)
with Whole Grain
Rice

Margherita
Pizza with
Chips



RAINBOW ALLEY
Vegetables and Salads

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER
Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING
Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY
Pudding

Toffee
Sponge and Custard

Jelly &
Fruit Slices

Tropical Pineapple
Crumble and
Custard

Orange
Cookie

Vanilla
Ice Cream

Cut fruit, yoghurt and jelly available every day

LUNCH WEEK 2 MENU



OPTION 1

MONDAY
Toad in the Hole
Oven Baked
Wedges

TUESDAY
Chicken Fajita
Wholegrain Rice

WEDNESDAY
Minced Beef and
Onion Pie with Mash

THURSDAY
Chicken
Chow Mein
(Noodles)

FRIDAY
Golden Fish
Fingers
with Chips



OPTION 2

Cauliflower Cheese
Oven Baked Wedges

Veggie Nachos
with cheese
wholegrain rice

Super Veggie Pie
Vegetable, Lentil and
Onion Pie with Mash

Mexican Bean Wrap
with Whole Grain
Rice

Margherita Pizza
with Chips



RAINBOW ALLEY
Vegetables and Salads

Baked Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER
Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING
Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY
Pudding

Banana Sponge
Cake and Custard

Jammy Crumble
Bars

Apple Crumble and
Custard

Orange
Jelly

Vanilla
Ice Cream

Cut fruit, yoghurt and jelly available every day

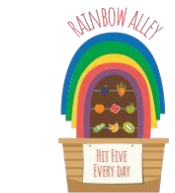
LUNCH WEEK 3 MENU



OPTION 1



OPTION 2



RAINBOW ALLEY
Vegetables and Salads



PASTA TWIRLER
Topped Pasta



BIG TOPPING
Filled Jacket



DESSERT TROLLEY
Pudding

MONDAY

BBQ Chicken
with Baked Potato
Wedges

Vegetarian
Shepherd's Pie

Green Beans

Watermelon
Wedge

TUESDAY

Tomato & Roasted
Vegetable Pasta
Bake

Mixed Vegetable
Korma with
Whole Grain Rice

Broccoli

Chocolate Crunch
and Custard

WEDNESDAY

Roast Gammon
with Roast Potatoes
and Gravy

Baked
Mac n Cheese

Carrots

Oaty Apple
Crunch Slice

THURSDAY

Pizza Day!
Veggie Supreme
Pizza with Baked
Potato Wedges

Margherita
Pizza with Baked
Potato Wedges

Peas

Strawberry
Jelly

FRIDAY

Golden Fish
Fingers
with Chips

Golden Vegetable
Fingers
with Chips

Baked Beans

Vanilla
Ice Cream

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes
with Cheese or Beans

Cut fruit, yoghurt and jelly available every day