



**FOOD FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024:  
4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

# LUNCH WEEK 1 MENU



## MAIN EVENT

**MONDAY**  
Chicken & Vegetable  
Meatballs in Tomato  
Sauce with Pasta  
Twirlers

**TUESDAY**  
Mild Chicken Curry  
with Whole Grain  
Rice

**WEDNESDAY**  
Sausages with  
Mashed Potatoes  
and Gravy

**THURSDAY**  
BBQ Drizzle Pizza  
with Baked Potato  
Wedges

**FRIDAY**  
Golden Fish Fingers  
or Salmon Fingers  
with Chips



## MEAT-FREE MAGIC Vegetarian Dish

Sweet Chilli  
Vegetable Stir Fry  
with Whole Grain  
Rice

Cheesy Broccoli  
Pasta Bake

Homemade Cheese  
and Leek Sausages  
with Mashed  
Potatoes and Gravy

Tarka Dhal Curry  
(Veggie Lentil Curry)  
with Whole Grain  
Rice

Pizza  
Margherita  
with Chips



## RAINBOW ALLEY Vegetables and Salads

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Toffee  
Sponge and Custard

Jelly &  
Fruit Slices

Tropical Pineapple  
Crumble and  
Custard

Orange  
Cookie

Vanilla  
Ice Cream

*Cut fruit, yoghurt and jelly available every day*



**FOOD  
FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024:  
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

LUNCH **WEEK 2** MENU



**MAIN EVENT**

**MONDAY**  
Toad in the Hole  
Oven Baked Wedges

**TUESDAY**  
Chicken Fajita  
Wholegrain Rice

**WEDNESDAY**  
Minced Beef and  
Onion Pie with Mash

**THURSDAY**  
Chicken  
Chow Mein  
(Noodles)

**FRIDAY**  
Golden Fish  
Fingers  
with Chips



**MEAT-FREE MAGIC**  
Vegetarian Dish

Cauliflower Cheese  
Oven Baked Wedges

Veggie Nachos with  
Cheese  
Wholegrain Rice

Super Veggie Pie  
Vegetable, Lentil and  
Onion Pie with Mash

Mexican Bean Wrap  
with Whole Grain  
Rice

Cheesy Sweetcorn  
Pizza  
with Chips



**RAINBOW ALLEY**  
Vegetables and Salads

Green Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



**PASTA TWIRLER**  
Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



**BIG TOPPING**  
Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



**DESSERT TROLLEY**  
Pudding

Banana Sponge  
Cake and Custard

Jammy Crumble  
Bars

Apple Crumble and  
Custard

Orange  
Jelly

Vanilla  
Ice Cream

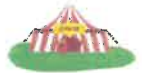
*Cut fruit, yoghurt and jelly available every day*



**FOOD  
FESTIVAL**  
By Aspens

Autumn/Winter 2023/2024:  
18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 12/02

# LUNCH WEEK 3 MENU



## MAIN EVENT

**MONDAY**  
BBQ Chicken with  
Baked Potato  
Wedges

**TUESDAY**  
Tomato & Roasted  
Vegetable Pasta  
Bake

**WEDNESDAY**  
Roast Gammon  
with Roast Potatoes  
and Gravy

**THURSDAY**  
**Pizza Day!**  
Veggie Supreme  
Pizza with Baked  
Potato Wedges

**FRIDAY**  
Golden Fish  
Fingers  
with Chips



## MEAT-FREE MAGIC Vegetarian Dish

Vegetarian  
Shepherd's Pie

Mixed Vegetable  
Korma with  
Whole Grain Rice

Baked  
Mac n Cheese

BBQ Drizzle  
Pizza with Baked  
Potato Wedges

Golden Vegetable  
Fingers  
with Chips



## RAINBOW ALLEY Vegetables and Salads

Green Beans

Broccoli

Carrots

Peas

Baked Beans

*Daily salad bowl and freshly baked bread available every day*



## PASTA TWIRLER Topped Pasta

**Hot Pasta topped with Homemade Tomato Sauce**



## BIG TOPPING Filled Jacket

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans



## DESSERT TROLLEY Pudding

Watermelon  
Wedge

Chocolate Crunch  
and Custard

Oaty Apple  
Crunch Slice

Strawberry  
Jelly

Vanilla  
Ice Cream

*Cut fruit, yoghurt and jelly available every day*